



Out Line of Universal Laws in “The 10 Laws of Happily Ever After”

1. Understanding Universal Laws
 - a. Universal laws apply to everyone, no exceptions
 - b. Universal laws are found in every part of life
 - i. Physics; Law of gravity, Law of motion
 - ii. Mathematics; Law of addition, Law of subtraction
 - iii. Marriage/Relationships; Law of Kingdoms, Law of Focus
 - iv. Wealth; Law of leftovers, Law of interest.
2. “The Law of Choice”
 - a. States: Two paths diverge from one, which will you follow? Every second of every day we are presented with a choice. Life as we know it is the result of those choices. Our future is based on the choices we will make.
 - b. If we want to change anything about our life, we must make the choices to put us on the path which will lead us to what we want.
 - i. Example; if we want to spend more time with our children then we need to choose to spend more time with our children. Turn off the TV or face book, put down the news paper or our favorite book. Wait until after our kids go to bed to clean up dinner, or read that book. The point is when the choice to spend time with our children or _____ arises, choose spending time with our children or find a way to include our children with _____.
3. “The Law of Symptoms”
 - a. States; Symptoms are indicators of a problem not the problem. If we only treat the symptoms the problems will never be resolved.
 - b. A broken bone is a physical problem with our body. It produces symptoms such as pain, heat and swelling. If we only treat the pain, the broken bone will not go away and continue to produce unpleasant symptoms. The same hold true with our psychological and emotional well being.
4. “The Law of Kingdom”
 - a. States; the King/Queen makes the rules and the King/Queen enforces the rules.
 - b. Each one of us is the King or Queen of our own kingdom. Our Kingdom is the world through our eyes.
 - c. From birth to present day we have compiled our own law book which dictates our life.
 - i. Laws about self; self esteem, abilities, limits, self image, self concept, etc
 - ii. Laws about other; image, behaviors, beliefs about us, etc
 - iii. Laws about parenting; how to parent, how to discipline, how to show love
 - iv. Laws about work;
 - v. Laws about fun;
 - d. All conflict between parent and child is the result of contradicting laws.



- c. Needs are the essentials to survive
 - d. Wants are things we feel are lacking in our life to make it more enjoyable or abundant
 - e. Expectations are based on past experiences and our environment.
8. "Law of Love"
- a. States; action proceeds emotion
 - b. How we act and react to our children greatly affect their laws, thoughts, feelings, and actions.
9. "Law of Communication"
- a. States; love is communicated in many ways
 - b. There are two forms of communication
 - i. Verbal
 - ii. Non-verbal
 - c. Children best respond when both forms of communication support each other.
10. "Law of Side-Effects"
- a. States; it's all or nothing
 - b. Every good trait has negative side effects
 - c. Understanding both make life better
 - d. Being able to manage the side effects makes life easier
11. "Law of Marriage"
- a. States; the needs of the marriage over rule individual needs.
 - b. Saying "I do" to married life also mean saying "I don't" to single life. You can't live both.